

CAR CAMPING & HIKING

CHECKLIST

LET'S
CAMP

CAMPING GEAR

- TENT
- SLEEPING BAG
- SLEEPING PAD (+PILLOW)
- CAMP CHAIR
- HEADLAMP + EXTRA BATTERIES

PERSONAL ITEMS

- WALLET/CASH
- PARK PASS
- PERMIT
- DAY PACK + WATER BLADDER/BOTTLE
- SUNSCREEN + HAT
- FIRST AID + MEDICATION
- FACE/BODY WIPES
- HAND SANITIZER
- BEAR SPRAY
- TOILETRIES
- TOILET PAPER
- TOWEL
- CAMERA
- CHARGERS
- RECHARGEABLE BATTERY
- BLUETOOTH SPEAKER

KITCHEN GEAR

- STOVE + PROPANE
- COOLER
- POTS/PANS
- COOKING UTENSILS
- CUTTING BOARD + CUTTING KNIFE
- MATCHES/LIGHTER
- COOLER + ICE
- FOOD!
- TRAIL SNACKS
- WATER JUGS
- TRASH BAG
- BIO SOAP + DISH RAG
- PAPER TOWELS
- TUPPERWARE
- FOIL
- COOKING OIL
- BEAR CANISTER
- MUGS + CUPS + BOWLS + PLATES
- FORK + SPOON + KNIFE
- FIREWOOD

FOR FUN

- BOOK
- DOWNLOADED MUSIC/PLAYLIST
- DECK OF CARDS
- PAPER + PEN
- FRISBEE + OTHER GAMES

CLOTHING

- HIKING PANTS/SHORTS
- WOOL/MOISTURE WICKING SHIRT
- SPORTS BRA
- UNDERWEAR
- SOCKS
- HIKING SHOES
- CAMP SHOES/SANDALS
- PUFFY COAT
- RAIN COAT
- WINDBREAKER
- SWEATSHIRT
- GLOVES + HAT
- BATHING SUIT
- PAJAMAS/CAMP CLOTHES
- MICROSPIKES
- ADDITIONAL LAYERS

TEN ESSENTIALS

1. NAVIGATION
compass, map, GPS device
2. HEADLAMP
+ extra batteries
3. SUN PROTECTION
sunscreen, sunnies, protective clothing
4. FIRST AID
5. KNIFE
6. FIRE
matches, lighter, stove
7. SHELTER
8. EXTRA FOOD
9. EXTRA WATER
10. EXTRA CLOTHES